

The Power of Fasting



1. Fasting contributes to the _____ of God on your life.

Matthew 6:16-18

2. Fasting _____ God's _____ for us.

Acts 13:1-3

3. Fasting leads us into an _____ life.

Matthew 4:1-4

Fasting:

Moves the hand of God...

Reveals the plan of God...

Gives us strength to stand in God.

Fasting tips:

Start with something that is a sacrifice to you.

Be sincere and have proper motivation.

Set aside time during your fast to pray and seek God.

Be sensible when breaking your fast. Eat moderately.

Have faith that God will honor your fast as he chooses.

**Go to capitolfoursquare.org for an audio resource on fasting.

The Power of Fasting



1. Fasting contributes to the _____ of God on your life.

Matthew 6:16-18

2. Fasting _____ God's _____ for us.

Acts 13:1-3

3. Fasting leads us into an _____ life.

Matthew 4:1-4

Fasting:

Moves the hand of God...

Reveals the plan of God...

Gives us strength to stand in God.

Fasting tips:

Start with something that is a sacrifice to you.

Be sincere and have proper motivation.

Set aside time during your fast to pray and seek God.

Be sensible when breaking your fast. Eat moderately.

Have faith that God will honor your fast as he chooses.

**Go to capitolfoursquare.org for an audio resource on fasting.

